



# REFRESHING GOOD NEWS



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Issue 1

## A Fresh Word...

By Minister Arlette Thomas-Fletcher

Springs of Refreshing Fellowship Church is under the leadership of the very fine Bishop Johnny C. Carrington Sr. What a phenomenal fresh Word every Sunday at 1:00 p.m. While it is not a super duper large church. It sure sounds like one! Pastor Bishop Johnny C. Carrington Sr. preaches the true unadulterated Word of God. The members lovingly refer to him as **“Pop”**. And the people of his congregation applause him for it. In a day where many are professing salvation because it’s the thing to do, this man of God expects that the people of God be accountable to the Lord for the Christian life they profess they are living. His 1<sup>st</sup> Lady Betty Carrington, who he lovingly refers to many times as **“Mom”** is a sweet gentle spirit who allows the spirit of God to guide her in caring for the people of God. Springs of Refreshing is a family place. When you come into the door you can expect to be greeted by the love of God with a warm genuine smile by Minister Barbara Johnson. There are many old fashion experiences in this church but, truly as Jesus said **“and yet I do a knew thing and I do it quickly”** these people are prepared for doing the work of God. So if you need a place to visit this Sunday stop by and get a fresh Word from the Spring, the Springs of Refreshing Fellowship Church. The church is located at 1932 Gwynn Oak Avenue, Baltimore,

Md. 21207 and the church phone number is 410-944-3593.

## A Man of God ...

Bishop Johnny C. Carrington Sr. his commitment to Christ started in May of 1964 and he has been fighting the good fight of faith ever since. He came to Baltimore, Maryland in 1949 with father, Bishop Paul W. Carrington. His father started as a minister in the church and became a pastor of his own church called Holy Temple Apostolic Faith. His father was later ordained as a Bishop. Hailing from the roots of a Bishop as Jeremiah hailed from the seeds of priest. This man of God has had an unprecedented commitment to spreading the gospel of the Lord Jesus Christ. Bishop Carrington Sr. home church here in Maryland was the Nazarene Temple Apostolic Faith located in East Baltimore.

Bishop Carrington wife lady Carrington is a Minister of Springs at Refreshing Fellowship Church. She is the right hand of the Bishop. She assist him with the churches marriage fellowship called Covenant Keepers. She and the Bishop have been married for forty-two years this September 2003. The couple ministers up and down the East Coast with the Covenant Keepers

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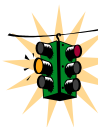
Ministry.

Bishop and Lady Carrington have four children three sons and one daughter. His son Johnny C. Carrington Jr. who is Bishop of the Zion Temple Fellowship Church. And his other two sons Timothy Carrington and David Carrington are in different ministries in the church. His daughter Joann Jolley is also involved in ministry in the church. This is truly a family that believes in praising and worshipping God.



**FOOD FOR THOUGHT**

**HIGHWAY 109**



=====

*A drunk man in an Oldsmobile  
They said had run the light  
That caused the six-car pileup  
On 109 that night.  
When broken bodies lay about*

*And blood was everywhere,  
The sirens screamed out eulogies,  
For death was in the air.  
A mother, trapped inside her car,  
Was heard above the noise;  
Her plaintive plea near split the air:  
"Oh, God, please spare my boys!"  
She fought to loose her pinned hands;  
She struggled to get free,  
But mangled metal held her fast  
In grim captivity.  
Her frightened eyes then focused  
On where the back seat once had been,  
But all she saw was broken glass and  
Two children's seats crushed in.  
Her twins were nowhere to be seen;  
She did not hear them cry,  
And then she prayed they'd been thrown free,  
"Oh, God, don't let them die!*



*Then firemen came and cut her loose,*

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*But when they searched the back,  
They found therein no little boys,  
But the seat belts were intact.  
They thought the woman had gone mad  
And was traveling alone,  
But when they turned to question her,  
They discovered she was gone.  
Policemen saw her running wild  
And screaming above the noise  
In beseeching supplication,  
"Please help me find my boys!  
They're four years old and wear blue shirts;  
Their jeans are blue to match."  
One cop spoke up, "They're in my car,  
And they don't have a scratch.  
They said their daddy put them there  
And gave them each a cone,  
Then told them both to wait for Mom  
To come and take them home.  
I've searched the area high and low,  
But I can't find their dad.*

*He must have fled the scene,  
I guess, and that is very bad."  
The mother hugged the twins and said,  
While wiping at a tear,  
"He could not flee the scene, you see,  
For he's been dead a year."  
The cop just looked confused and asked,  
"Now, how can that be true?"  
He told us not to worry  
And that you would be all right,  
And then he put us in this car with  
The pretty, flashing light.  
We wanted him to stay with us,  
Because we miss him so,  
But Mommy, he just hugged us tight  
And said he had to go.  
He said someday we'd understand  
And told us not to fuss,  
And he said to tell you, Mommy,  
He's watching over us."  
The mother knew without a doubt*

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*That what they spoke was true,  
For she recalled their dad's last words,  
"I will watch over you."  
The firemen's notes could not explain  
The twisted, mangled car,  
And how the three of them escaped  
Without a single scar.  
But on the cop's report was scribed,  
In print so very fine,  
An angel walked the beat tonight  
On Highway 109.  
# # # # #  
Let this be your prayer today:  
Lord, I love you and I need you.  
Come into my heart, and bless my  
family, my home, my friends and me.  
I repent of my sins, and ask you to  
abide with me, and keep the devil  
away.  
In Jesus' name. Amen.*

**CHURCH SERVICES:**

- ❑ **Church Services Begin 1:00 p.m.**
- ❑ **Bible Study Thursday night**

**7:00-8:00 p.m.**

**MAKING TIME FOR GOD**



**THE POEM**

*I knelt to pray but not for long,  
I had too much to do.  
I had to hurry and get to work  
For bills would soon be due.  
So I knelt and said a hurried prayer,  
And jumped up off my knees.*

*My Christian duty was now done  
My soul could rest at ease.  
All day long I had no time  
To spread a word of cheer.  
No time to speak of Christ to  
friends,*

*They'd laugh at me I'd fear.  
No time, no time, too much to do,  
That was my constant cry,  
No time to give to souls in need  
But at last the time, the time to die.*



1. \_\_\_\_\_ was the oldest man in the Bible.
2. \_\_\_\_\_ was the mother of all living.
3. \_\_\_\_\_ had to see the nail prints in the hand of Jesus before he would believe that he rose from the dead.
4. \_\_\_\_\_ was the mother of Jesus.
5. \_\_\_\_\_ was the brother of Jesus.
6. \_\_\_\_\_ was the first miracle Jesus ever performed.
7. \_\_\_\_\_ was converted to Christ on the Damascus Road.
8. \_\_\_\_\_ was a man after God's old heart.
9. \_\_\_\_\_ told the God that he was not the man for the job because he was slow of speech.
10. There are \_\_\_\_\_ books in the Bible.
11. There were \_\_\_\_\_ disciples of Christ.
12. There are \_\_\_\_\_ tribes of Israel.
13. \_\_\_\_\_ betrayed Jesus.
14. \_\_\_\_\_ came riding in on a donkey.
15. \_\_\_\_\_ struck the donkey and it talked.
16. Many are called but few are \_\_\_\_\_.
17. For God so loved the world that He gave His only \_\_\_\_\_.



### Special Prayer

Heavenly Father, I bow in worship and praise before you. I cover myself with the blood of JESUS CHRIST and claim the protection of the blood for my family, finances, my home, my spirit, soul, and body. I surrender myself completely in every area of my life to you. I take stand against all the workings of the devil, that would try and hinder me and my family from best serving you. I address myself only to the True and Living GOD, who has all power, and control over everything. Open my eyes and show me the areas of my life that did not please you and give me the strength, grace and wisdom to remove any sin or weight that would prevent our close fellowship. Work in me to cleanse me from all ground that would give the devil a foothold against me. I claim in every way the victory of the cross over all satanic forces in my life. I pray in the name of the LORD JESUS CHRIST with thanksgiving and I welcome all the ministry of the Holy Spirit Amen.



### PSALM 91

*He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. 2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust. 3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence. 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler. 5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; 6 Nor for the pestilence that walketh in darkness: nor for the destruction that wasteth at noon day. 7 A thousand shall fall at thy side, and ten thousand at thy right hand; 8 Only with thine eyes shalt thou behold and see the reward of the wicked. 9 Because thou hast made the LORD, which is my refuge, even the most High, thy habitation; 10 There shall no evil befall thee neither shall any plague come nigh thy dwelling. 11 For he shall give his angels charge over thee, to keep thee in all thy ways. 12 They shall bear thee up in their hands, lest thou dash thy foot against a stone. 13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet. 14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath know my name. 15 He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him. 16 With long life will I satisfy him, and shew him my salvation.*